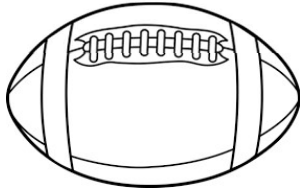
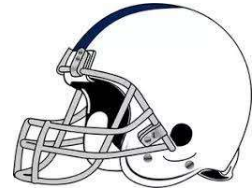


Seahawks Football

Important



Dates



Thursday, May 11th

6 pm

Final Forms/Parent Night

**Mandatory for any Athlete playing
a sport at SHS next year**

Wednesday May 31st

3:30 pm

Free Physicals @ SHS Gym

**Physicals are only for SHS and
rising 9th grade students planning on
playing a sport next year at SHS**

Monday, June 19th

8 am

Summer Workouts Begin

**All Players Report to SHS Field
House**

**We will host a youth camp and
carwash during summer workouts.
Players are expected to attend. Date
for events are TBA**

Monday, July 31st

8 am

Mandatory/Official

Practice Begins

**This is mandatory practice!! Players
must have days in by state law to
participate in scrimmage!**

SUMMER WORKOUTS				
				NOTES
DATES	TIMES	DAYS		COACHES' CONTACT
JUNE 19TH	8-11 AM	M		CARROW 945-5358
JUNE 20TH	8-11 AM	T		Q 531-5337
JUNE 21ST	8-11 AM	W		ROUSE 623-8042
JUNE 22ND	8-11AM	TH		S. DIXON 945-0367
JUNE 23RD	8-11M	Fri.	YOUTH CAMP(REC. SIGN-UPS)	OX 828-228-3518
JUNE 26TH	8-11AM	M		<div>* Join our FB page for ALL Summer time updates! If you don't have a FB account make one! SouthsideSeahawksFootball</div>
JUNE 27TH	8-11AM	T		
JUNE 28TH	8-11AM	W		
DEAD PERIOD JULY 1ST-8TH				
JULY 10TH	8-11AM	M		
JULY 11TH	8-11AM	T		
JULY 12TH	8-11AM	W		
JULY 13TH	8-11AM	TH		
DEAD PERIOD JULY 17TH-22ND				
JULY 24TH	8-11AM	M	Mini-camp	
JULY 25TH	8-11AM	T	Mini-camp	
JULY 26TH	8-11AM	W	Mini-camp	
JULY 29TH	8-11AM	SAT.	CARWASH CHOCO. FIRE DEPT.	
JULY 31ST	8-11AM	M	*1ST OFFICAL PRACTICE*	
<u>STATE MANDATED PRACTICE</u>		(ALL DATES ARE REQUIRED TO PLAY)		
DATES	TIMES	DAYS		<div>* JULY 31st marks the first state mandated practice to play football.</div>
July 31- Aug 3	8AM- 11AM	M-TH	MORNING	
Aug 4-5	4PM- 12:15AM	FRI.- SAT	AFTERNOON/ MIDNIGHT PRIACTICE	
Aug 7, 8, 10	4PM- 6:30PM	M.T. TH	AFTERNOON	
Aug 9th	4PM-UNTIL	WED	JAMBOREE @ SOUTHSIDE 6PM	